



St Nicholas PE Curriculum Overview

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Wellow	Introduction to PE: Unit 1	Yoga	Dance (join classes)	Bath Rugby: Huddle Gymnastics	Athletics (join classes)	Games: unit 1 (join classes)
Year R	Introduction to PE: Unit 1	Yoga	Dance Ball skills: unit 1	Basketball (coach) Gymnastics	Football (coach) Athletics	Football (coach) Games: unit 1
Year 1	Fundamentals Ball Skills	Yoga Fitness	Dance Target Games	Basketball (coach) Gymnastics	Football (coach) Athletics	Football (coach) Fitness
Year 2	Fundamentals Ball Skills	Basketball (coach) Yoga	Dance (coach) Football (coach)	Dance (coach) Football (coach)	Athletics Gymnastics	Fitness Striking and fielding games
Midford	Swimming Fundamentals Y3/4	Swimming Yoga	Swimming Dance	Swimming Bath Rugby: Huddle	Swimming Basketball (coach)	Swimming Athletics
Year 3	Fitness Fundamentals Y3/4	Basketball (coach) Yoga	Football (coach) Dance	Football (coach) Gymnastics	Athletics Fitness	OAA Rounders
Year 4	Swimming Football (coach)	Swimming Football (coach)	Swimming Basketball (coach)	Swimming Gymnastics	Swimming Athletics	Swimming Dance
Year 5	Football (coach) Fundamentals Y3/4	Football (coach) Yoga	Fitness Dance	Basketball (coach) Gymnastics	Athletics Fitness	OAA Rounders
Year 6	Swimming Football	Swimming Yoga	Dance (coach) Fitness	Dance (coach) Gymnastics	Football (coach) Athletics	Football (coach) Basketball (coach)